

## NHB Community Grants Scheme 2019/20

### APPLICATION SUMMARY – Grant: LOWER

<b>PROJECT NAME:</b>	Mental Health Awareness with New Come and Talk Sessions
<b>Organisation:</b>	The Lounge, Alvechurch
<b>Amount of Funding Requested:</b>	£1,450
<b>Total Cost of Project:</b>	£1,450
<b>Location of Project:</b>	Alvechurch
<b>Aim of Project:</b>	Give the community of Alvechurch an outlet to discuss stress and mental health and improve their personal strategies for reducing or coping with stress.

<b>Category</b>	<b>Comments</b>
<b>1. Signed by Ward Councillor and supporting comments.</b>	Councillor Van Der Plank
<b>2. Evidence of how the impact of growth on the community will be met by the project.</b>	<p>If government and planners accept building more houses in Alvechurch it will put further strain on the village and as the community grows it will become near impossible to see the GP's, get a place at the school or find a parking space.</p> <p>The strain faced by recent additional households and families who have struggled to get their places at schools, or get the right local services is a potential cause of mental health problems</p> <p>Activity is designed to advise, guide and support people with an understanding and identifying mental health – whether that takes a short conversation or intensive support over several months at different sessions.</p> <p>In terms of community growth it is hope this improves their living circumstances for all and helps people stay in their homes in the village or manage better.</p>
<b>3. Evidence that the Project is sustainable (if applicable)?</b>	See application in full

<b>4. Evidence that the Project has other funding streams in place (if applicable)?</b>	
<b>5. Which Council Strategic Purpose does it meet?</b>	Supporting detail provided.
Help me to live my life independently	Yes
Help me to be financially independent	
Keep my place safe and looking good	
Help me run a successful business	
Provide good things for me to see, do and visit	Yes
Help me find somewhere to live in my locality	
<b>6. Details of any Additional Information Provided</b>	Letters of support Financial statements year ended 31 July 2018